

THE COMMUNIQUE

AIMA WA OFFICIAL NEWSLETTER

MARCH 2023



Community News

**Some wonderful news.
Congratulations to the family as with
community help, Aneesh was able to get
Permanent Residency!**

**AIMA supported the family in this journey and
provided with a letter in support.**

A great win for the family and community.



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Dinner
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SAVE THE DATES

APR
14-16

Bali Conference

MAY
21

**AIMA Ladies' Charity
High Tea**

MAY
28

**Annual Badminton
Tournament**

JUN
24

**Medical Student
Workshop**

JUL
23

Indoor Cricket

AUG
19

**Annual General
Meeting**

NOV
25

AIMA Annual Dinner

PRESIDENT'S ADDRESS

DR PARSHOTAM GERA



Hope all of you had a great holiday season. Thanks to all who participated in the annual dinner “Happiness in Harmony”. The vibrant evening was attended by 655 guests. We all had a fantastic time with top notch performances from our members and families.

I wish to welcome you all in 2023 acknowledging our amazing harmonious culture and sense of comradeship due to which Australian Indian Medical Association has grown from strength to strength.

AIMA was started by our seniors in 2008 and has grown to 450 members. Along this beautiful journey we have held each other's hand and helped each other when in need. WA is a home away from home as most of us have come from different parts of India and the rest of the world. We have leaders in every medical field - General practice, specialists in hospital, researchers, junior doctors and even young second-generation medical students coming into our community. I was recently going through the membership data base, and it is remarkable to see that we have doctors in every field. I personally am so proud to see our community grow and contribute effectively towards WA health.

We had busy calendar in 2022

Educational events were run throughout the year from various talks to youth education - we had a range of events. This year we are going further and organising our first International Conference in April 2023. Equally matched with education, we ran a busy sports calendar ensuring that despite being busy academically, we still promote physical activity. Sports events included cricket, badminton and next year we are planning another new indoor games tournament as well. As you know we had our Annual General Meeting and amended our constitution, this was on the background of two years of ongoing planning and discussion. I'd like to thank all the previous Management Committee members for their input.

I believe being a health professional is a privilege and with this privilege comes a big responsibility to contribute to build a healthy society. In the past each one of you has stepped up to contribute whenever the community needed you, whether this was supporting families in Perth during Covid or raising funds for Covid call in India, your efforts do not go unnoticed. For the Annual Dinner in 2022, AIMA collaborated with Destiny Rescue, which is a charity to raise funds for children in need.

This reminds of a quote that I am sure rings true for all of us

“If you want happiness for an hour, take a nap. If you want happiness for a day, go fishing. If you want happiness for a year, inherit a fortune. If you want happiness for a lifetime, help someone else.”

PRESIDENT'S ADDRESS CONTD..

AIMA has recently started collaboration with “save the children” for capacity building for our youth in community. We have some gaps we can help to fulfil locally and with your help and knowledge we can give back to the society. Most of us will visit India to see our loved ones, there we can all contribute even in a small way to your village or to your own street .

No act of kindness, no matter how small, is ever wasted. We all have power to plant a seed... a seed of change, a seed of positive attitude.

AIMA has always stepped up whenever in need. Last year there was need of Junior doctors in our hospitals and with collaboration with AMA/Department of health we ran a campaign to identify overseas doctors in Australia who have met all the criteria and still did not have jobs. As a result of this, AIMA was approached by approximately 100 doctors and I am pleased to say that with support from our colleagues in FSH, RPH and Joondalup, the candidates could obtain Observerships and quite a few of them have also started jobs.

Apart from giving to community we also acknowledge the need to look at sustainability of our beautiful planet. Being harmonious with the environment is vital.

The greatest threat to our planet is the belief that someone else will save it . Globally, 4.4 per cent of greenhouse gases can be attributed to the health care sector and Australia isn't any better. Our health system generates approximately seven per cent of the nation's total carbon footprint – this is equivalent to emissions from the construction of half the number of homes, buildings.

Each year, billions of dollars worth of drugs are discarded because they are packaged in vials larger than what's needed for a single patient, leading to unnecessary wastage. AIMA will be collaborating with like-minded associations to take this cause forward and keep us in forefront of being trying to be harmonious with the environment.

We have significant aspirations for the future of AIMA, with help of our members and mentors we aim to have an AIMA community wellness Centre. A centre to support and educate the communities in need. We can contribute to the wider population by

- Promoting health in community
- Training the volunteers from multicultural communities
- Imparting Cultural awareness training
- Community capacity building by workshops and sports activities
- As we have done in our pilot program, we can also help department of health to recruit and provide be an platform to share knowledge.

I hope to see you all very soon in AIMA events and wish to share quote from my spiritual teacher **Sant Darshan Singh**

*Embrace every person as your own
And shower your love freely wherever you go.*

Sincerely,
Parshotam Gera
AIMA President

SECRETARY'S NOTE

DR ASHOK BUCHIBOYINA



Dear Members,
Greetings to the AIMA community,

We had fabulous responses to all AIMA events held in 2022. Our AIMA calendar for 2023 is packed with professional, community and social activities.

With all your support AIMA/CBA annual dinner was a huge success with energetic performances. We thank all members, volunteers, family members and performers who worked hard for this event. Funds raised during this event have been donated to our charity partners Destiny Rescue and Save the Children organisations.

We will continue collaboration with AMA (WA) in identifying overseas doctors in Australia who required employment and helping the local medical force. AIMA has done successful Observership program in 2021/2022 in Fiona Stanley Hospital and will continue supporting International Medical Graduates in liaising with hospital.

AIMA will continue to run community health promotional talks with collaboration with ISWA which was well received and appreciated.

AIMA organisation is growing fast with more than 450 paid members with leaders in various medical fields and specialties, We are actively contacting members to renew to keep up our strength.

We are also excited to announce our Inaugural International conference in Bali which will be held in April 2023 .

We appreciate your ongoing support in all the AIMA events.

Best Regards
Ashok Kumar Buchiboyina
General Secretary

AIMA EDUCATION: GASTROENTEROLOGY

HELD ON 8TH NOV 2022

Perth Gastroenterology and Liver Care in association with AIMA conducted an education session on **"Clinical Challenges in Gastroenterology and Hepatology"** - an interactive evening of case-based discussion at Fraser's King Park consisting of following topics:

1. Investigations and Management of Iron Deficiency - Dr Kannan Venugopal
2. Diagnosis, Staging and Treatment strategies in Metabolic Fatty Liver Disease - Dr Nick Kontorinis
3. Clinical Scenarios in the Management of IBD - Dr Sherman Picardo



COVER STORY: AIMA/CBA ANNUAL DINNER 2022

3RD DECEMBER 2022



AIMA held the 15th Annual Dinner with Commonwealth Bank as title sponsors at Crown Ball Rooms.

It was attended by distinguished delegates - Hon. Amber-Jade Sanderson, WA Minister for Health, Dr Jagadish Krishnan, MLA Riverton, Mr Yaz Mubarakai, MLA Jandakot, Hon. CGI in Perth Mr Amarjeet Singh Takhi, Dr Benny Ng, AMA CEO, kind video message from the WA Premier himself Mr Mark McGowan, and our vibrant AIMA members.

AIMA committee also extends to thanks to all our annual sponsors.

The lively night was infused with energetic performances from the talented AIMA family. We could only cover a glimpse of the starry spectacle in this edition of the newsletter. Please check the links below for videos and pictures.



COVER STORY: AIMA/CBA ANNUAL DINNER 2022

3RD DECEMBER 2022

Please receive "Highlights of 15th Annual Dinner".

Beautiful memories for all of us ..

https://drive.google.com/file/d/1kVb_rItlqr_plqPuhLJ41Q5jIWrb3KR5W/view?usp=drivesdk

Ganesha Vandana

<https://youtube.com/watch?v=p4-cDcKVG3M&feature=share>

AIMA President (Dr Parshotam Gera) speech

<https://youtube.com/watch?v=DdcflfAIXDA&feature=share>

Hon. Health Minister Amber Jade-Sanderson Speech

<https://youtube.com/watch?v=2WGsmsdUGKg&feature=share>

Oikotaan

<https://youtu.be/-V5aSxtjex8>

Bhangra

<https://youtu.be/J-dOJfVK4uo>

Pocket Stars

<https://youtu.be/lohzvvpfZNL8>



COVER STORY: AIMA/CBA ANNUAL DINNER 2022

3RD DECEMBER 2022



Bolly Fusion

https://youtu.be/K_WrL73Jb9o

Swadesi Swag

https://youtu.be/D1CLT_K-JYI

Indian Folk Groove

<https://youtu.be/DGvGsF0OLx4>

Tribute to Sridevi

<https://youtu.be/qv3SCDNU2Tc>



Rockstars

<https://youtu.be/ahzwglxfVEw>

Pranaam Valaya

<https://youtu.be/xY3X0AiC3w0>



Nritya Fusion

<https://youtu.be/4C7U2bedQx0>

Disco Deewane

<https://youtu.be/G5tPsYBngX0>



Band Baaja Baraat

<https://youtu.be/TFmf74C2g2Y>

Vote of Thanks by Dr Ashwini Davray
(Vice President)

<https://youtu.be/Cz2jrpSLEMM>

COVER STORY: AIMA/CBA ANNUAL DINNER 2022

3RD DECEMBER 2022



ISWA/AIMA HEALTH SEMINAR

HELD ON: 5TH FEB 2023

AIMA WA, in association with ISWA (Indian society of WA), organised a health seminar on 5th February 2023 at Indian Community Centre, Willetton, addressing the following topics.

1. BPH and Prostate Cancer Screening - Dr Manmeet Singh Saluja and Dr Arvind Vasudevan
2. Mental Wellness Talk - Fam Tin Thei from ISHAR
3. Managing Weight and other Cardiovascular Risk Factors - Dr Harmeet Singh
4. Healthy Relationship Talk - Rekha Bhatt from Communicare
5. Mental Health - Dr Matthew Samuel

The Breakfast and Health Seminar was successfully attended by 350 members of the community.



AIMA EDUCATION 2023

21ST FEBRUARY 2023



AIMA Education sessions in 2023 were inaugurated by an interesting and interactive talk on **Updates in Cardiothoracic Surgery and Cardiology** at Ritz Carlton consisting of following topics:

1. Chest Wall Trauma - Dr Sanjay Sharma
2. Cardiology: New Thoughts - Dr Rajesh Kanna



MEMBERS` PHOTOGRAPHY

FEATURING: DR RAJESH PARAMBATHU



SOCIAL MEDIA UPDATE



AIMA Management Committee is grateful to Consulate General of India in Perth. Mr. Amarjeet Singh Takhi for the kind invitation to join the reception party for welcoming Hon Minister of State for External Affairs and Parliamentary Affairs of India Shri V. Muraleedharan.

AIMA WA thanks Honourable minister for recognising the contribution of Doctors of Indian origin to Western Australia

SPORT UPDATE

We are thrilled to announce the remarkable success of our cricket team "The AIMA Tigers " playing under the aegis of Western Suburbs Cricket Club in the WASTCA OD-3 League.

Our team has been putting in a tremendous effort over the past few months, and we are proud to say that their hard work has paid off.

The team showed exceptional skills and determination in their last league game against High Wycombe (top team of the league) at their home ground on Saturday 4th March beating them by 1 wicket in a cliffhanger of a match.

The team has finished 2nd in the league after the group matches which is a testament to the hardwork and dedication of our players led by Dr Abraham Jacob. The team is now playing their Semi Finals against Kalamunda on Sunday 12 March at College Park, Nedlands

Match starts at 12 pm. Please come if you can at the ground to cheer for our Champions !!



AIMA SPONSORS 2022-23

AIMA TITLE SPONSORS 2022-23



Commonwealth Bank

AIMA PLATINUM SPONSORS 2022-23



Audi Centre Perth

(<https://www.audicentre.com.au>)



(<https://www.bethesdahealthcare.com.au>)



(<https://www.miele.com>)

modalis

(<https://www.modalis.com.au>)



(<https://www.modainterior.com.au>)



(<https://www.mediqfinancial.com.au>)



Wexford

Gastroenterology

(<https://www.wexfordgastro.com.au>)

AIMA PREMIUM SPONSORS 2022-23



AIMA ANNUAL SPONSORS 2022-23



UPCOMING EVENTS



INDIAN SOCIETY OF WESTERN AUSTRALIA
in collaboration with member associations

naari
Celebrating International Women's Day 2023

Powered By
WAWH
WA WOMEN'S HEALTH CENTRE

SUNDAY
12TH MARCH
11 AM - 5 PM
Indian Community Centre
#IWD2023
#EmbraceEquity

FREE EVENT

Event Coordinator Dr Divya Sharma
naari@iswa-perth.org or 0401670707

50 YEARS BUSINESS EVENTS PERTH

Department of Local Government, Sport and Cultural Industries
Office of Multicultural Interests

Supported by
CITY OF CANNING
Enriching Canning Grant



*Australian Indian
Medical Association Inc.*

*Inaugural International
Medical Conference 2023*

14-16 April 2023

Mulia Resort, Nusa Dua, Bali

Register via www.aimawa.net.au

Members only event



AIMA
Presents



2023
BADMINTON
TOURNAMENT

Sunday 28 May 2023
10 AM Onwards

NICK KIDD BADMINTON ARENA
4 Halley Road Balcatta
More Details Coming Soon

From the editor's desk

We look forward to your participation in the upcoming exciting events planned for 2023.

Annual reminder to renew your membership to continue enjoying the educational, cultural, and sport events.

We hope you enjoyed reading the newsletter as much as we loved putting together AIMAWA updates for you.

If you would like to feature in the future articles, please email education@aimawa.net.au